



## REGIONAL COORDINATING INSTITUTE UNNAT BHARAT ABHIYAN SANT GADGE BABA AMRAVATI UNIVERSITY, AMRAVATI

### FIRST QUARTERLY REPORT OF RCI (Duration 01/04/2021 to 31/07/2021)

In the beginning this session Delta variant of COVID 19 increases in very high level and specially its shows its impacts in Amravati district. The COVID-19 pandemic has disrupted or halted critical mental health services in 93% of countries worldwide while the demand for mental health is increasing and demand for mental health services. Bereavement, isolation, loss of income and fear are triggering mental health conditions or exacerbating existing ones. Many people may be facing increased levels of alcohol and drug use, insomnia, and anxiety. Meanwhile, COVID-19 itself can lead to neurological and mental complications, such as delirium, agitation, and stroke. Considering the current scenario the RCI, Sant Gadge Baba Amravati University has create awareness regarding mass level vaccination and precaution measures for the COVID 19 through various workshops, counselling and interpersonal helps.

#### ❖ Workshop Conducted:

In collaboration with National Coordinating Institute, I. I. T., Delhi under “Unnat Bharat Gram Arogya Series” an awareness programme on health awareness, attention physical & management health Habits and goals recovering & coping experience sharing by Covid-19 fighters on 29<sup>th</sup> May, 2021 has been organized for rural & urban peoples in a tribute to Late. Professor Rajendra Prasad, Founder of Unnat Bharat Abhiyan mission.

Dr. Avinash Saoji, Director, Prayas – Sevankur Foundation, Amravati has enlightened on the health awareness, mental & physical management, health habits, etc. He has elaborated on the Covid-19 virus, its symptoms, infection, precaution and emphasized the importance of vaccination. Dr. Sumit Ingole, Guru Vishwa Prasad Ayurved Clinic, Yavatmal has enlightened on the Ayurveda treatment for Covid -19 patient and what should be done to prevent illness at home, There are 1241 YouTube viewers were participated in the said उन्नत भारत ग्राम आरोग्य Series.

**YouTube Link:-** <https://youtu.be/a3-mm19aUH0>

The Regional Coordinating Institute, Sant Gadge Baba Amravati University has organized the awareness programme under “Unnat Gram Aarogya Health Awareness Programme” on Covid Care on 02<sup>nd</sup> - 03<sup>th</sup> July, 2021 for rural & urban peoples.

Dr. Shrikant Ambadekar, Saras Homeopathic Centre, Amravati has enlightened on Post Covid Care, and Dr. Rohan Bobade, Parijat Hospital, Amravati has enlightened on Child Care

during pandemic and Dr. Vaishali Danvijay, Professor Head Dept. of Home Science, Sant Gadge Baba Amravati University has enlightened on Covid in Food & Nutrition and Dr. Parag Kulkarni, Professor of Physical Education Indira Gandhi Collage, Nagpur has enlightened on Acupressure Therapy without any Medication, There are 1007 YouTube viewers were participated in the said Unnat Gram Aarogya Health Awareness Programme.

**YouTube Link:-** <https://youtu.be/M9gK7XH5nWk>  
[https://www.youtube.com/watch?v=JdH\\_Sggys70](https://www.youtube.com/watch?v=JdH_Sggys70)

All the stake holders of Participating Institutes under the jurisdiction of RCI, Sant Gadge Baba Amravati University are actively engaged in the awareness programmes and conducted various meeting and awareness programmes in the adopted villages for vaccination. Some of the students in collaboration with NSS units are engaged as a volunteer at different vaccination centre.

**Governing Bodies Meeting & Details:**

Sr. No.	Date	Programme/Meetings	No. of Stake Holders
01	10 <sup>th</sup> May, 2020	Steering Committee Meeting, RCI, Sant Gadge Baba Amravati University	19

During the period various associates partners of RCI has made effective work for the Unnat Bharat Abhiyan mission as mention below:

- VNIT, Nagpur: Developed a Robotic Technology for Covid – 19, Agarbatti Making Machine, UV Sanitizer and cost effective agriculture technologies for farmers.
- PDKV, Akola: Agriculture development viz. distribution of seed & required technologies to the farmers, continuous guidance to farmers about cropping pattern as per geographical & climatic conditions, organic fertilizers, etc. Developed collaborative roadmap integrated villages. Rural women entrepreneurship development through Milk Dairy.
- MAFSU, Nagpur: Enhancement of Cow based economical progression by involving model technologies like in-vivo embryo plantation for increasing milk production. Development of ‘Panch Gouvya’. Mapping of water bodies of Vidarbha region for fishery business.

**Sd/-**  
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